

# River Region Ballet School of Dance

## Level 1

## Ballet / Tap

Description: Level 1 offers a combination of ballet and tap instruction for our youngest dancers. Emphasis will be placed on teaching basic coordination and musicality.

Attire: Pink Short Sleeve Leotard / Classic Pink Footed Tights / Pink Ballet Shoes / Pink Pull on Chiffon Skirt / Black Patent Buckle Tap Shoes

## Level 2

## Ballet / Tap

Description: Level 2 offers a combination of ballet and tap for those with and without prior dance experience. Emphasis will be placed on learning the basics of ballet and tap vocabulary and movement. Instruction will also focus on building strength, placement, and flexibility.

Attire: Light Blue Short Sleeve Leotard / Classic Pink Footed Tights / Pink Ballet Shoes / Pink Pull on Chiffon Skirt / Black Patent Buckle Tap Shoes

## Level 3

## Ballet / Tap

Description: Level 3 offers the distinct structure of a traditional ballet class. Emphasis will be placed on the progression of combinations moving from basic to intermediate both at the barre and during floor work. Instruction will focus on core work, body alignment, and flexibility in leg extensions.

Attire: Navy Short Sleeve Leotard / Classic Pink Footed Tights / Pink Ballet Shoes / Black or Pink Pull on Chiffon Skirt / Black Patent Buckle Tap Shoes

## Level 4

## Ballet

Description: Level 4 offers the distinct structure of a traditional ballet class. Emphasis will be placed on the progression of combinations at an intermediate level both at the barre and during floor work. Instruction will focus on core work, body alignment, flexibility in leg extensions, and musicality.

Attire: Burgundy Short Sleeve Leotard / Classic Pink Convertible Tights / Pink Ballet Shoes / Black or Pink Pull on Chiffon Skirt

## Level 5

## Ballet

Description: Level 5 offers the distinct structure of a traditional ballet class. Emphasis will be placed on the progression of exercises and combination at an intermediate-advance level both at the barre and during floor work. Instruction will focus on core work, body alignment, flexibility in leg extensions, and the connection between music and movement in regards to the entire body.

Attire: Any Style Black Leotard / Classic Pink Convertible Tights / Pink Ballet Shoes / Black Pull-on or Wrap Chiffon Skirt

## Level 6

## Ballet

Description: Level 6 offers the distinct structure of a traditional ballet class. Emphasis will be placed on the progression of exercises and combination at an advance level both at the barre and during floor work. Instruction will focus on core work, body alignment, flexibility in leg extensions, and the connection between music and movement in regards to the entire body.

Attire: Any Style and Color Leotard / Convertible Tights / Pink Ballet Shoes / Chiffon Skirt / Warm-ups / Dance Shorts

## Pre-Pointe, Pointe I, II, and III

Description: Pointe offers for those students whom are strong enough and demonstrate dedication to the art of Ballet. Student must be enrolled in a ballet class in addition to their pointe class.

Pointe Shoes: Talk with instructor before purchasing shoes

## Tap II/III

Description: Tap offers a form of dance characterized by using the sounds of tap shoes striking the floor as a form of percussion. Emphasis will be placed on rhythm and musicality.

Attire: Any Color Leotard / Pink, Black, or Nude Convertible Tights / Dance Shorts / Tap Shoes

## Jazz I/II

Description: Jazz offers a form of dance that showcases a dancer's individual style and originality. Emphasis is on interpretation and expression.

Attire: Any Color Leotard / Pink, Black, or Nude Convertible Tights / Dance Shorts / Jazz Shoes